

CRISIS RESOURCE CARD Free · Confidential · 24/7 LIFE IN DANGER? CALL 911 FIRST 988 Crisis Lifeline En Español: 988 Call or Text 988 Veterans Crisis Line Text 838255 988 then Press 1 Crisis Text Line HOLA en Español Text HOME → 741741 Trevor Project (LGBTQ+) Text START → 678-678 1-866-488-7386 Trans Lifeline By/for trans people 1-877-565-8860 NAMI HelpLine Text NAMI → 62640 1-800-950-6264	CRISIS RESOURCE CARD Free · Confidential · 24/7 LIFE IN DANGER? CALL 911 FIRST 988 Crisis Lifeline En Español: 988 Call or Text 988 Veterans Crisis Line Text 838255 988 then Press 1 Crisis Text Line HOLA en Español Text HOME → 741741 Trevor Project (LGBTQ+) Text START → 678-678 1-866-488-7386 Trans Lifeline By/for trans people 1-877-565-8860 NAMI HelpLine Text NAMI → 62640 1-800-950-6264
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